

**Carolyn Haase (DOB 9/21/99)**

**Year: Sophomore ('17)**

Position: Mid Field/Defense

**Worthington Kilbourne H.S. #4**

**FH Life #3**

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Columbus, OH 43235

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**WKHS Coach:**

Michele Hazzard

614-216-8219

[Michelehazzard3@gmail.com](mailto:Michelehazzard3@gmail.com)

**FHL Coach:**

Keli Smith Puzo

[Kelismith13@gmail.com](mailto:Kelismith13@gmail.com)

240-603-5948



**High School Field Hockey Awards/Accomplishments**

**2014 (Sophomore)**

- Varsity starter – center back
- Wolves Weightlifting/Conditioning Award- only second female athlete in school history to earn place on wall for ability to lift/squat 150% of body weight
- All-OCC League First Team Selection
- Nominated for All-Ohio Team
- Voted Most Valuable Defender for Team
- Academic All Ohio Award

**2013 (Freshman)**

- Varsity starter midfielder -first Freshman to start varsity for high school team (Division 1)
- All-OCC League First Team Selection
- All Region First Team by Ohio Field Hockey Coaches Association
- Nominated for All-Ohio Team
- Team awarded League Sportsmanship Award

**Other Field Hockey Experiences:**

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| <ul style="list-style-type: none"><li>• USAFH Futures - Region 9- 2012, 2013, 2014 Level 1</li><li>• National Futures Championship U-14 -2013 &amp; 2014</li><li>• Junior Olympic Selection- 2014 (Bronze Medal)</li><li>• National Indoor Championship U-16- 2014</li></ul> | <ul style="list-style-type: none"><li>• University of North Carolina Camp- 2014 (Camp Champions)</li><li>• Michigan State University Camp -2012 (Camp Champions)</li></ul> |
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| <ul style="list-style-type: none"> <li>• National Club Championship U-19- 2014</li> <li>• Junior Disney Showcase-2013</li> <li>• Disney Showcase U16- 2012,2013,2014 (started on U-16 at age 12 years)</li> <li>• Univ. of Louisville Tournament U-19 (played up when 13 years old)</li> <li>• Robert Morris Tournament-2012,2013 (Tournament Champions both years)</li> <li>• FH Life Club Team 2013-2014</li> <li>• Heartland Club-2011-2013</li> </ul> | <ul style="list-style-type: none"> <li>• Ohio State University Camp- 2011</li> <li>• Univ. of Maryland Play Day – 2014</li> <li>• Miami University 7x7 Play Day-2014</li> <li>• Voted MVP in Worthington Youth Boosters League- 2012</li> <li>• Buckeye State Field Hockey Summer League-2012 (JV), 2013 (varsity)</li> <li>• WYB Elementary and Middle School Assistant Coach</li> </ul> |
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**Other Athletics:**

Track and Field (2014)– Pole vault and Sprints 200m & 400m; earned varsity letter as Freshman; placed in various events including winning relay events 4x200 and 4x400

D-1 Athletic Training (2012-2014) Holds 7 out of 8 records in agility and strength in age group in highly competitive environment of prospective D1 athletes ; weight-lifting; speed work/footwork

**Academics & Extra Curricular Activities:**

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| <ul style="list-style-type: none"> <li>• GPA: 3.67 (Honors Math &amp; English and IB French)</li> <li>• Wolves Scholar Athlete</li> <li>• Honor Roll</li> <li>• String Orchestra (cello)</li> <li>• Young Life &amp; church youth group</li> </ul> | <ul style="list-style-type: none"> <li>• French Honor Society -2014</li> <li>• Mission Trip to Pine Ridge Reservation (South Dakota) – 2014</li> <li>• Patriot’s Pen Essay Winner – 2013</li> <li>• Lived in France 2003-2006 (fluent French speaker)</li> </ul> |
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